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# Spa Menu

## SIGNATURE TREATMENTS

**TYAX MOUNTAIN GLOW**  
50 minutes \$145

A sea salt or raw brown sugar body scrub infused with essential oils of your choice, followed by a rich body butter application, leaving skin smooth and supple.

**TREE TOP BODY SCRUB**  
50 minutes \$145

A sea salt or raw brown sugar body scrub infused with the essential oils of spruce and pine, revitalizing the mind and smoothing out dry skin, followed by a soothing cedar & Shea cream application.

**CHILCOTIN BODY BALANCE**  
80 minutes \$195

Begin with a customized sea salt or raw brown sugar body scrub and rich body butter application, followed by a soothing coconut oil shoulder, neck and head massage relieving any tension or stress. Complete this deluxe experience with an invigorating aromatherapy foot massage.

## MASSAGE TREATMENTS

**DEEP TISSUE MASSAGE**

25 minutes \$80 | 50 minutes \$150

Your practitioner will help release sore and overworked muscles with a deep tissue massage. This technique uses slow, deliberate strokes, targeting deeper muscle tension.

**RELAXATION SWEDISH MASSAGE**

50 minutes \$130 | 80 minutes \$170

Your practitioner will create a unique treatment to suit your needs incorporating essential oils, Swedish massage and acupressure points, allowing you to fully relax and find inner peace.

**HOT STONE MASSAGE**  
80 minutes \$185

Creating a unique, powerful and intoxicating dance of hot stones, massage and essential oils to release tension, warm the body, and allow for deep relaxation.

**HEAD IN THE CLOUDS**  
25 minutes \$65

This express treatment is specific to targeting the muscles of the shoulders, neck and head; perfect after the long journey to Tyax. Using Swedish massage and acupressure points along with a relaxing aromatherapy oil, this treatment will help ease away those tensions and help you regain a sense of balance and relaxation.

**AVAILABLE ADD ON'S**  
25 minutes \$50

- mini foot scrub & massage
- mini body scrub
- mini coconut oil head massage